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Conference Program

Updated 7 April 2025; updated 14 May 2025

[PDF copy of the program](#)

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Tuesday, April 8

Complete a brief evaluation of the conference

- 12:00 - 12:30 p.m. **Registration - In person** - Use the [Google Form to register](#) in advance and then check in at the table on the day of the event
- 12:30 - 12:40 p.m. **Welcoming remarks** - Liana Sayer, University of Maryland
- 12:40 - 1:45 p.m. **Session 1 - Flash Session**
Moderator: Jaein Lee, Arkansas State University
- * T S Kavita Rajeshwari - Gender dimensions of sleep disparity in India
Co-authors Avanindra Nath, Priyanta Ghose
 - * Goutham Pradeep - Adequateness in Sleep Duration Among Adults in India: Evidence from National Time Use Survey
 - * Gursimran Singh Rana - Time Spent in Caring for Grandchildren and Its Association with the Mental Health of Grandparents in India: A Study Based on LASI Wave-1
 - Eunjeong Paek - Trends in work arrangements, gender, and work contexts in the United States, 1965-2022
 - Maria Gabriella Campolo - Comparative Perspectives on Well-being and Time Use: On-site, Off-site, and Commuting Students in Italy
Co-authors Marcantonio Caltabiano, Antonia Cava, Deborah Maria Pizzimenti
 - Erica Aloè - [Depopulation of inner areas and subjective wellbeing of commuters](#)
Co-authors Roberta Di Stefano, Alessandra De Rose, Marina Zannella
- 1:45 - 3:00 p.m. **Session 2 - Food Practices**
Moderator: Yuko Hara, University of Maryland, MPRC
- Jane Dai - Leveraging time as a proxy for measuring gentrification's role in shaping access to food, housing, and work
Co-authors Barbara Vaquero, Timothy Thomas, Scott Allard, Jesse Jones-Smith
 - * Jessica Wallingford - Daily time use patterns of foodwork and food consumption in the United States from 2003 to 2022
 - Siwen Zhou - How Immigrants Use Time and Money to Manage Household Food Security
 - * Eliana Zeballos - Online Grocery Shopping among Nutrition Assistance Program Participants
Co-author Brandon Restrepo
- 3:00 - 3:15 p.m. **Break**
- 3:15 - 5:45 p.m. **Workshop ATUS Eating & Health Module**

Wednesday, April 9

Complete a brief evaluation of the conference

- 8:30 - 9:00 a.m. **Registration and light breakfast**
- 9:00 - 10:15 a.m. **Session 3 - Sleep Disparities**
Moderator: Sarah Flood, University of Minnesota Life Course Center, IPUMS
- Ge Gao - Educational Differences in U.S. Mothers' Sleep and the Role of Paid Work-Child Care Time Division, 2003-2019
 - Seungwan Kim - Examining the Effects of Employment and Income on Sleep Quantity Among Couples in South Korea: An actor-partner interdependence model approach
 - Jafar Jafarov - [Peace of Mind: Examining Election-Induced Sleeplessness among Minorities in India](#)
Co-author Tejendra Singh

- * Jen-Hao Chen - The Connected Sleep: Marital Dynamics and Nightly Sleep Routines Among Older Couples

10:15 - 11:00 a.m. **Session 4 - Time Use Over the Life Course**

Moderator: Abel Huskinson, University of Maryland Sociology, MPRC

- Joan Garcia Román - Global Trends in Teenagers' Leisure Time
Co-authors Pablo Garcia, Juana Lamote de Grignon Perez, Bastian Betthaeuser
- Ariane Ophir - Breaking Down the Single Life: A Gendered Cross-National Look at Time Use
Co-author Kamila Kolpashnikova
- Jocelyn Wickle - Couple Well Being during the Empty Nest Transition
Co-authors Ashley Forbush, Lisa Neff

11:00 - 11:30 a.m. **Break**

11:30 - 12:15 p.m. **Session 5 - General Interest Topics in Time Use**

Moderator: Eunjeong Paek, University of Hawaii Manoa

- * Daniel Hamermesh - [Disabilities in Time](#)
Co-author Michal Myck
- * Alexandra VanBergen - [Alcohol Use During the COVID-19 Pandemic: A Functional Behavioral Analysis Using Time Diary Data](#)
Co-authors Susan Stewart, Claire Camp Dush
- * Yan Wang - Time Profile of U.S. Neighborhoods: Datasets of Time Use at Social Infrastructure Places
Co-author Ziyi Guo

12:15 - 1:30 p.m. **Lunch**

1:30 - 2:45 p.m. **Session 6 - Care Work**

Moderator: Ge Gao, European University Institute Dept. of Political and Social Sciences

- Jennifer Augustine - [Good Jobs, Better Parenting? Labor Market Stratification and Educational Disparities in Mother's Parenting Time](#)
Co-author Kate Prickett
- Jiaowei Gong - Spousal Spillover: How Husbands' Retirement Impacts Wives' Time Use in China
Co-authors Yin Lou, Emma Zang
- Lea Pessin - Reassessing The Gendered Division of Labor at the Couple Level Using ifferent Time-Use Data Sources: A Proof of Concept with The United Kingdom
Co-authors Elena Pojman, Ge Gao, Kim McErlean
- Maria Stanfors - Mothers' time use: Marital status, everyday time allocation, and experiences of stress in Sweden 1990/91-2010/11

2:45 - 3:30 p.m. **Session 7 - Leisure and Health**

Moderator: Liana Sayer, University of Maryland Sociology and MPRC

- Leila Gautham - [Not all Leisure is Created Equal: Income-induced Constraints on the Enjoyment of Leisure](#)
Co-authors Clemens Hetschko, Peter Howley
- Anna Martinez Mendiola - How do fathers and mothers allocate their leisure time? Patterns and inequalities across 13 European countries
- Jaemin Lee - Exploration of Association between active leisure time and mental health of Older Adults in Korea
Co-author Sujung Lee

3:30 - 3:45 p.m. **Break**

3:45 - 5:00 p.m. **Session 8 - Policy Influences on Time Use**

Moderator: Emily Elizabeth Dobson, University of Maryland Public Policy

- Sabrina Pabilonia - [The Effects of State Paid Sick Leave Mandates on Parental Childcare Time](#)
Co-author Johanna Catherine Maclean
- Katie Vinopal - Is Paid Family and Medical Leave a "Pro-Connection" Policy? Investigating Whether Access to State-Sponsored Paid Family and Medical Leave Fosters Social Connection
Co-authors Taryn Morrissey, Stephen Holt, Madeleine Maylath
- Kim McErlean - [The gendered division of labor, work-family policies, and fertility transitions in the United States](#)
- Laura Chen - A Matter of Time? The short-term impact of the Earned Income Tax Credit on health behaviors

5:00 - 6:15 p.m. Session 9 - Subjective Well-Being*Moderator: R. Gordon Rinderknecht, RAND*

- Unchitta Kan - Dragged out of sync: Investigating racial inequalities in social connectedness through synchrony of social schedules
 - Rebecca Ryan - Men at Work: Time Investment and Subjective Well-being
Co-authors Ariel Kalil, Daniela Bresciani
 - Florian Schulz - [Feeling lonely in the family: The role of joint time use](#)
Co-author Marcel Raab
 - Melissa Milkie - Time with Significant Others, the Presence of Technology and Mental Health
Co-authors Joanna Pepin, Dana Wray
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