

Yuko Hara

Curriculum Vitae

Maryland Population Research Center
University of Maryland, College Park
2105 Morrill Hall, College Park, MD 20742

Email: yhara@umd.edu

Scholarly interests

Family, work, and gender; Health and health behaviors; Family planning and reproductive health; Medical Sociology; Demography; Quantitative research methods

Academic appointment

Maryland Population Research Center – University of Maryland, College Park, MD

Visiting Assistant Professor

Oct. 2023 – present

Postdoctoral Associate (Supervisor, Professor Michael S. Rendall)

2023

Education

University of Maryland – College Park, MD

2022

Ph.D. in Sociology

Dissertation: “Gender-Specific Significance of Family Transitions on Well-being and Work Attitudes” *Committee:* Drs. Feinian Chen (Chair), Wei-hsin Yu, Sangeetha Madhavan, Liana C. Sayer, and Kerry M. Green

Graduate Certificate in Population Studies

University of Maryland – College Park, MD

2017

Master of Arts in Sociology

Harvard University – Cambridge, MA

2007

Fulbright scholar

Master of Arts in East Asian Studies

Keio University – Tokyo, Japan

2001

Bachelor of Arts in Sociology

(Study abroad at Brown University, RI, 1999 - 2000)

Publications

- Eeckhaut, C. W. Mieke, Yuko Hara, and Michael S. Rendall. 2025. “Socioeconomic Differences in Long-Acting Reversible Contraceptive (LARC) Use for Achieving U.S. Women’s Family-planning Goals: “Right Time” Births.” *Demography*. DOI: <https://doi.org/10.1215/00703370-12357231>.
- Hara, Yuko and Michael S. Rendall. 2025. “Birth-Intention Time Horizon as a Predictor of Contraceptive Method Effectiveness.” *Women’s Health Issues*. DOI: <https://doi.org/10.1016/j.whi.2025.04.006>
- Hara, Yuko and Wei-hsin Yu. 2025. “Mate Preferences and Marriage-Related Behaviors: The Case of Japan.” *Journal of Marriage and Family*. DOI: <https://doi.org/10.1111/jomf.13088>
- Hara, Yuko. 2024. “Family Formation and Health-related Behavior: The Case of Meal Skipping.” *Current Sociology*. DOI: <https://doi.org/10.1177/001139212412928>
- Eeckhaut, C. W. Mieke and Yuko Hara. 2023. “Reproductive Oppression Enters the 21st Century: Pressure to Use Long-Acting Reversible Contraception (LARC) in the Context of “LARC First.”” *Socius: Sociological Research for a Dynamic World*. DOI: <https://doi.org/10.1177/23780231231180378>
- Hara, Yuko. 2023. “Gender Differences in Scaling Back: Family Formation and Aspirations toward Work Achievement among Japanese Adults.” *Socius: Sociological Research for*

a Dynamic World. DOI: <https://doi.org/10.1177/23780231231157>

- Wei-hsin and Yuko Hara. 2023. “Stability and Relevance of Marriage Desires: Importance of Age Norms and Partnering Opportunities.” *Journal of Marriage and Family* 85: 391–412.
DOI: <https://doi.org/10.1111/jomf.12891>
- Hara, Yuko. 2022. “Changes in Family Roles and Subjective Well-being among Japanese Adults.” *Journal of Family Issues* 43 (3): 669–792. DOI: <https://doi.org/10.1177/0192513X21994137>
- Yu, Wei-hsin and Yuko Hara. 2021. “Motherhood Penalties and Fatherhood Premiums: Does Parenthood Have the Same Effects within and across Firms?” *Demography* 58 (1): 247–272.
DOI: <https://doi.org/10.1215/00703370-8917608>
- Yu, Wei-hsin and Yuko Hara. 2020. “Job Characteristics, Marital Intentions, and Partner-Seeking Actions: Longitudinal Evidence from Japan.” *Demographic Research* 43: 1429-1564.
DOI: 10.4054/DemRes.2020.43.52
- Madhavan, Sangeetha, Shelley Clark, and Yuko Hara. 2018. “Gendered Emotional Support and Women’s Well-Being in a Low-Income Urban African Setting.” *Gender and Society* 32 (6): 837-859.
DOI: <https://doi.org/10.1177/0891243218786670>

Awards and Honors

▪ The Rosabeth Moss Kanter Award for Excellence in Work-Family Research (<i>finalist</i>)	2024
▪ University of Maryland Department of Sociology Harriet B. Presser Fellowship	2020 - 2021
▪ DC Sociological Society Irene B. Taeuber Graduate Student Paper Award	2020
▪ University of Maryland BSOS Dean’s Research Initiative Doctoral Dissertation Research Award	2020
▪ University of Maryland William Form Summer Fellowship	2017
▪ National Science Foundation Graduate Research Fellowship (<i>honorable mention</i>)	2017
▪ University of Maryland BSOS Dean’s Pre-candidacy Research Initiative Award	2016
▪ University of Maryland Dean’s Fellowship	2015
▪ Harvard University Joseph Fletcher Memorial Award for Excellence in an M.A. thesis (<i>honorable mention</i>)	2007
▪ Fulbright Award for graduate study at Harvard University	2005 - 2007
▪ Keio University Exchange Program Scholarship	1999 - 2000

Selected Conference Presentations

- Hara, Yuko and Wei-hsin Yu. “Mate Preferences and Marriage-Related Behaviors: The Case of Japan.” Institutions, Values, and Family Changes in Asia Session at the American Sociological Association Annual Meeting, Montreal, Canada. 2024
- Eeckhaut, Mieke, Yuko Hara, and Michael S. Rendall. “Socioeconomic Differences in Long-Acting Reversible Contraception Use for Achieving U.S. Women’s Family-Planning Goals.” Life Course Perspectives on Fertility and Reproductive Health Session at the Population Association of America Annual Meeting, Columbus, OH. 2024
- Hara, Yuko and Wei-hsin Yu. “Mate Preferences and Marriage-Related Behaviors: The Case of Japan.” Family Demography Poster Session at the Population Association of America Annual Meeting, Columbus, OH. 2024
- Eeckhaut, Mieke and Yuko Hara. “Pressure to Get or Keep LARC: Estimates from the 2021 Delaware and Maryland Survey of Women.” Inequality in Fertility and Reproductive Health Session at the Population Association of America Annual Meeting, New Orleans, LA. 2023
- Hara, Yuko. “How are marriage and cohabitation linked with weight perception and weight management?” Marriage and Family Session at the Eastern Sociological Association Annual Meeting, Baltimore. 2023
- Hara, Yuko and Wei-hsin Yu. “Desired Spousal Characteristics and Marriage among Singles in Japan.” Princeton University, Research on East Asian Demography and Inequality, Student/Postdoc Seminar, Online. 2022

- Hara, Yuko and Michael S. Rendall. “Birth Intention Time Horizon as a Predictor of Contraceptive Method Effectiveness.” Outcomes of Pregnancy Intentions Session at the Population Association of America Annual Meeting, Online. 2021
- Yu, Wei-hsin and Yuko Hara. “Job Characteristics, Marital Intentions, and Partner-Seeking Actions: Longitudinal Evidence from Japan.” Social Sciences Korea Conference: Family Changes and Inequality in East Asia, Philadelphia, PA. 2019
- Hara, Yuko. “Marriage, Parenthood and Self-assessed Health among Japanese Adults.” Marriage, Family, Households, & Unions; Gender, Race & Ethnicity Poster Session at the Population Association of America Annual Meeting, Austin, TX. 2019

Teaching Experience and Training

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| ▪ Faculty instructor for The Family at Loyola University Maryland | Fall 2024 |
| ▪ Faculty instructor for Introduction to Sociology at Montgomery College | Summer 2022/Fall 2023 |
| ▪ Completed University Teaching and Learning course (Graduate level) | Fall 2019 |
| ▪ Lab instructor for Introduction to Research Methods in Sociology | Spring 2019 |
| ▪ Discussion instructor for Women’s Jobs, Men’s Jobs: How and Why Do They Differ? | Fall 2018 |
| ▪ Teaching assistant for Sociology of Gender | Spring 2016 |
| ▪ Discussion instructor for Human Societies | Fall 2015 |

Research Experience

University of Maryland – College Park, MD

Research Assistant for Prof. Michael S. Rendall, Department of Sociology and Maryland Population Research Center 2019 – 2022

- Data analysis and manuscript writing

Research Assistant for Prof. Wei-hsin Yu, Department of Sociology 2018 – 2019

- Data analysis

Research Assistant for Prof. Sangeetha Madhavan, Department of African American Studies 2017

- Data analysis and literature review for manuscript, grant proposal

Harvard University – Cambridge, MA

2010 – 2015

Research Assistant for Prof. Mary C. Brinton, Department of Sociology

Project manager for NSF-funded project: “Explaining Lowest-Low Fertility in Postindustrial Societies”

- Conducted 40 in-depth structured interviews in Tokyo
- Coded 81 Japanese interview scripts and analyzed findings

Non-academic Professional Experience

Japan Bank for International Cooperation – Washington, DC 2014 – 2015
Researcher

Intage Inc. – Tokyo 2007 – 2010
Market Research Analyst

Sony Corporation – Tokyo 2001 - 2004
Marketer, Overseas Marketing Department

Service

University of Maryland – College Park, MD

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| ▪ Tenure-Track Faculty Search Committee | 2022 |
| ▪ Award Committee Representative, Graduate Student Forum | 2017 – 2019 |

Institute for Women’s Policy Research (NPO) – Washington, DC

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| ▪ Research Intern | 2013 |
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